



LION'S PRIDE MENTORING SUMMER EXPERIENCES 2024 OVERVIEW

The Lion's Pride Mentoring Summer Experience is open to young people ages 15-18 across the city of Chicago. These experiences will be focused on exposing participants to a variety of career paths and educational experiences that can help lead them to their career goals. Additionally, participants will engage in hands-on activities that both increase interest in careers as well as provide opportunities to develop career skills to help them start their journeys.

Below is the date and theme for each session along with a description of what participants can expect as part of the session.

<i>Week of June 24, 2024</i>
Tuesday, June 25th: Orientation and Career Self-Exploration
<i>Participants will engage in community building and norm-setting activities for the summer. This orientation will allow participants to get to know one another and understand the overview of summer programming.</i>
Thursday, June 27th: Financial Literacy
<i>Participants will engage in a financial literacy workshop hosted by BMO Harris that will offer an introductory education on money management products, credit, debt, and other topics. Volunteers will also discuss the career opportunities within the finance field.</i>

NO PROGRAMMING THE WEEK OF JULY 1ST

<i>Week of July 8, 2024</i>
Tuesday, July 9th: Mental Health Careers
<i>Participants will gain knowledge about the field of mental health and wellness. They will learn about basic psychology and behavioral health topics, discover potential careers in the field, and practice activities that promote mental wellness and self-care.</i>
Thursday, July 11th: Conflict Resolution
<i>Participants will learn the five styles of conflict management and how to apply them in everyday life. These skills will help participants to further understand the importance of managing emotions, active listening skills, and conflict de-escalation.</i>



Week of July 15, 2024

Tuesday, July 16th: Technology Careers

Participants will get elementary practice in coding and learn about the different ways to leverage technology to create impact in their community.

Thursday, July 18th: Public Speaking

Participants will learn about the different public speaking personalities, when to use them, and will practice speaking using the personality that feels most authentic to them.

Week of July 22, 2024

Tuesday, July 23rd: Career Sites Field Trip

Participants will have the opportunity to visit one of three career sites with opportunities for students to participate in skills training in high school and beyond.

Thursday, July 25th: Career Sites Field Trip Debrief

Participants will reflect on their field trip experience and revisit their career interests from orientation to prepare for creating or updating their resume.

Week of July 29, 2024

Tuesday, July 30th: Resume Workshop

Participants will prepare for a career-specific resume by researching job descriptions and preparing a baseline resume in preparation for the career panel.

Thursday, August 1st: Career Panel and Closing Celebration

Participants will engage in a career panel and resume feedback group to walk away with a resume for their future career field. Participants will be celebrated with a gathering to mark the end of the summer program.